



EGD INSTRUCTIONS

Arrive for your EGD _____ minutes prior to your scheduled procedure time.

You are scheduled on _____ at _____. Arrive at _____.

Facility _____ Doctor _____

If you have questions, please call us toll-free at 1-855-ILL-GASTro (1-855-455-4278).

****If you take anticoagulants/blood thinners (for example: Coumadin, Plavix, Pradaxa, Xarelto, Eliquis, Effient, Brilinta, etc.) or Insulin, please notify our office at least 10 days prior to your procedure.**

****Please inform us if you weigh greater than 250 lbs., have kidney disease, congestive heart failure, artificial heart valves, a pacemaker or defibrillator (AICD), sleep apnea, or ascites.**

Morning Procedures: Do not eat or drink anything (including gum, hard candy) after midnight the night before the procedure.

Afternoon Procedures: You may have **clear liquids** on the day of the procedure up to 6 hours prior to the procedure and nothing by mouth after that point. Clear liquids include water, black coffee or tea, Gatorade, clear broth, clear juice without pulp.

THE DAY OF THE PROCEDURE:

In the morning, you should use inhalers, and take heart, blood pressure, seizure, anti-anxiety, and respiratory medications with a sip of water, enough to swallow them (*no blood thinners or oral diabetic medications*). You should wake up early and take these **at least 3 hours** before your test.

Female patients of childbearing age will be required to provide a urine specimen for a pregnancy test prior to anesthesia the day of the procedure. Please avoid urinating prior to arrival the day of your procedure to prevent delay or possible cancellation

TRANSPORTATION HOME:

Because of the medications you will be given during the procedure, you will need someone to drive you to the facility and then drive you home. You will not be able to use a taxi or bus. The test may be cancelled if you do not have a driver. There will be no exceptions. After the procedure, you may resume driving the next day unless your doctor instructs you differently. If you have any questions, please call our office at **1-855-ILL-GASTro/1-855-455-4278**.